



BLUE PHOENIX RISING (PTY) LTD



### I AM AFFIRMATIONS

I am \_\_\_\_\_

I am \_\_\_\_\_

I am \_\_\_\_\_



### HABIT OF ACTION

I am choosing to \_\_\_\_\_

I am choosing to (do) \_\_\_\_\_ today.

I am choosing to add \_\_\_\_\_

I am choosing to leave out \_\_\_\_\_



### GRATITUDE

I am grateful for \_\_\_\_\_

I am grateful to \_\_\_\_\_

I am thankful for \_\_\_\_\_

I am thankful to \_\_\_\_\_

I appreciate my \_\_\_\_\_

I am appreciative for \_\_\_\_\_

I love \_\_\_\_\_

I love to \_\_\_\_\_

I am celebrating \_\_\_\_\_

I am good at \_\_\_\_\_

I am great at \_\_\_\_\_

I am gifted at \_\_\_\_\_



